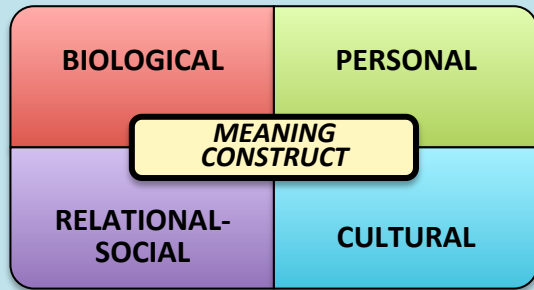


# Meaning Construct Model



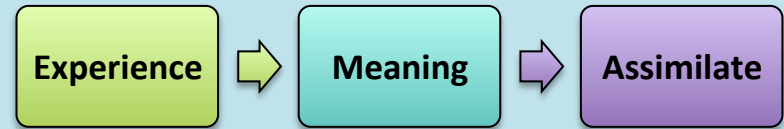
## Meaning Construct

- *Central process of navigating through life*

## Informed by the Specifics of

- *Biological: Age and brain development*
- *Personal: Temperament and personality characteristics*
- *Relational-Social: Attachment style, support, and mediating factors*
- *Cultural: Culture of the region and group, race, gender, rituals, religious/faith-based or spiritual beliefs*

## New Meaning Construct



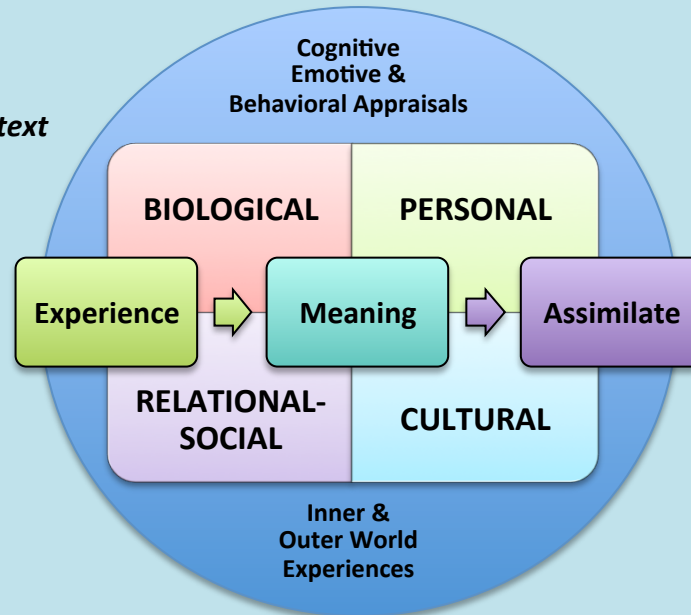
## 3 Step Process: *Assimilating and integrating a new meaning construct*

1. Experience: The initial experience  
*Actual sensory experience*
2. Meaning: Discovering and making sense of it (significance)  
*Through framework of Biological, Personal, Relational-Social, and Cultural factors*
3. Assimilate: Integration of the experience  
*Meaning (significance) discovered and synthesized into (1) self and (2) world views*

## Each Meaning Construct

- *Is a series of links to previous meaning constructs formed throughout life*
- *Is developing and changing as new experiences are introduced*

## Meaning Construct Model: Through a Bio-Psycho-Social-Spiritual Context



## Understanding Meaning Constructs

- *Combination and interactional effect of 3 levels*
- *On the background of cognitive, emotive, and behavioral appraisals of inner & outer world experiences*
- *Through the framework of: Biological, Personal, Relational/Social, and Cultural factors*
- *The meaning construct is created by the 1-experience, 2-meaning, and 3-assimilation*